



AUSTRALIAN ROUND DANCE

ASSOCIATION

~ Newsletter ~

Volume 2020/ 1 February Edition



~ **DISCLAIMER** ~

ARDA accepts no responsibility for any inaccuracies, and reserves the right to alter, cancel or otherwise modify in any way, matter contained in this publication.. The opinions expressed are merely those of the individuals and do not necessarily reflect the opinions of ARDA.

**'ARDA STANDS COMMITTED TO THE ONGOING EDUCATION AND SUPPORT OF ITS
MEMBERS, ALL ROUND DANCERS
AND THE FUTURE OF ROUND DANCING'**

ARDA CONFERENCE 2020

If YOU are not registered - why not we ask?



***Now less than 5 weeks away and
registrations are still open.***

DO NOT MISS OUT!!

**To GRAB this opportunity, GO TO the last page of
the Newsletter
complete the registration form and email it to the**

**arda.secretary@gmail.com
before 5 April to guarantee a place and meals.**

***Why not take a peek inside and read about two of the
overseas visitors travelling 'down under' to share
their knowledge with us?***

JUST DO IT!

come to the Conference and meet Paul and Peggy. Who are they?



Editor's Note: Paul Connelly and Peggy Roller are travelling to Australia from the USA, to participate at the 2020 Conference. Have you registered?

Paul Connelly
Holland, Michigan, USA

Paul taught himself to dance by imitating the dancers in the round dance circle while his grandparents and parents taught and cued. Paul made his cueing debut the day before his 10th birthday. Paul currently teaches phase I-IV in Michigan. Paul has taught and cued at Vermont Conventions, New England Conventions, NSDC, ROUNDALAB, Canadian National Square Dance Festivals, and the NSDCA International Camporees. Paul serves on the Executive Committee of the Board of Directors of ROUNDALAB, is chair of the ROUNDALAB Phase IV Latin committee, a member of VARDL, and NECORTA. A Phi Beta Kappa graduate of Hope College, Paul majored in Music Education with both Instrumental (organ) and Choral (voice-tenor) concentrations and minored in Dance Education. Paul is currently working in the Hamilton Community School District as a music, theatre, and dance instructor in Hamilton, MI and accompanies/choreographs student solo performances and several are theatre productions.

Dr. Peggy Roller, PT, MS, DPT - April 2020

Peggy Roller, PT, MS, DPT

Dr. Peggy Roller is a Professor and Graduate Coordinator in the Department of Physical Therapy at California State University, Northridge in Los Angeles, USA where she teaches courses in applied neurology, functional testing, balance and vestibular rehabilitation. She is a physical therapist with over 30 years of experience, a published author and associate-editor of the textbook *Umphred's Neurological Rehabilitation*, a clinical instructor for NeuroCom balance management products for over 15 years, and faculty in the Los Angeles based Neurologic Physical Therapy Residency Program. She performs research in the areas of balance testing and training, and reducing fall risk in older adults.

Peggy has been round dancing for 15 years and has showcased choreography at California State events, National Square and Round Dance Conventions, and ICBDA national conventions. She has been a medical lecturer for Roundalab annual meetings since 2007.

Editor's Note: I do not have a photo of Dr. Roller.
Come to the Conference and meet Peggy and Paul.

ARDA CONFERENCE 2020 + TWO DANCE PARTIES

Monday
6 April 9.00 to 4.45

Tuesday
7 April 9.00 to 4.45

Wednesday
9.00 to 12 noon

Mystery/wind down event



Monday
6 April 7 to 9 pm

Dance Party!!

Tuesday
7 April 7 to 9 pm

Dance Party!

Entry to the Dance Parties is part of your registration fee..

A 'mystery dance bracket' will make you smile.

ARDA Education Officers, Paula and Warwick Armstrong

together with up to FOUR overseas visitors

and some of our 'home grown' Aussie folk

- * Will fill your minds with information
- * Re ignite your enthusiasm
- * Add a little to your waistline with good tucker
- * Share your passion for ROUND dancing



ANYONE and **EVERYONE** can attend the **ARDA Conference**

Do you know **SOMEONE** who would benefit from attending?
rego form on pg **12** read your way to page 12.

ANYONE and **EVERYONE** may attend the **Dance Party NIGHTS**

CALLERS and their PARTNERS have been invited to attend - **FREE**

*If **EVERYONE** leaves knowing something they did not know previously
our goal has been achieved.*



The **ARDA Annual General Meeting** will be held at the
Australian National Square Dance Convention
In Katoomba, NSW.

*YOUR management committee has worked tirelessly since the
last meeting held in Deloraine, Tasmania.*

Please show your support and attend this important meeting.

*For those attending the 61st ANSDC the date and time will be in
your dancer booklet*

*For those unable to attend the 61st ANSDC your apologies may
be registered via an email to the Secretary or you could ask a
fellow ARDA member to put your apology on the register.
The register will be at the AGM.*

*There will be a **SURVEY** in your dancer package.*

*Please take time to complete this and pop into the
Completed SURVEY Bag near the ARDA exhibition banner.*

*ARDA would be thrilled if you would encourage fellow dancers to
do the same.*

2019 SHOWCASE NOMINATIONS & VOTING

*The 2019 Showcase nominations
have been programmed for*

Sunday 12 April at 12.30

*This is an opportunity to review these
nominations and then VOTE for the dance you
believe will be popular for years to come.*

*It is rewarding for the State/Territory
to know their nomination has the approval of
the majority dancers, cuers and leaders.*

**TEAM ARDA will be available to
provide vote slips, pencil and
direct you to the BALLOT BOX.**



CURRENT A R D A COMMITTEE

President

Bev McLachlan, Qld
ARDA.President@gmail.com

Vice President

Christopher Heyworth, Qld
ARDA.Vicepres@gmail.com

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Historian

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Records Officer

Julie Jensen, Qld
ARDA.Records@gmail.com

Non Committee Personnel

Minute Secretary

H Hodalj, NSW

Facebook

A Hodalj, NSW

VALE Greg McLachlan

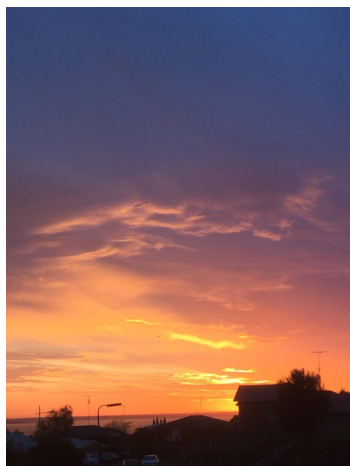
*Sadness once again has caste a shadow over the lives of our members
Nev and Bev McLachlan*

*Sincere condolences are extended to Nev, Bev and family on the
recent and sudden passing of Nev's brother.*

Our thoughts are with you in your sadness.

A Life taken too early from a man who enjoyed the world he lived in.

WHY I live WHERE I live



Having been fortunate to have had all my childhood holidays spent in the seaside village of Barwon Heads, Victoria and then 40 plus years of camping over the Christmas holidays in that same township, it was an obvious choice when I decided to sell the home I had lived in for 47 years, to head towards the sea and in particular an area close to my heart - the beach. 'Nothing stays the same' a phrase that has echoed many changes in my life over recent years and one of the reasons that prompted my 'sea change'. Unfortunately that small seaside village named Barwon Heads was put on the map in a very significant way with the filming many years ago of a TV series titled 'Sea Change'. A very successful TV series that has been re introduced to the TV audiences around Australia. This TV series changed a small seaside village to an extremely up market village and of course, property prices rose accordingly. Still a charming place to visit however to live in the town with a lifetime of memories was out of my price range.

The outcome was I discovered Drysdale, one of the very first places settled on the Bellarine Peninsula and of course, named after Anne Drysdale [1792-1853] a pioneer settler. My home faces Corio Bay; behind the acreage at the rear of my home 'KINTYRE By The Sea' is the road to Portarlington. I can be at any one of the many beautiful beaches in less than 15 minutes. My travel to Melbourne means I am now a very good customer of the fuel and tyre companies; however my reward is to return home via the beautiful Geelong foreshore and thank my lucky stars and good fortune '**I live WHERE I live**'.

Carol Simondson

Why not share your story of 'WHY I Live WHERE I Live'?



ARDA members' input.



Thank you to my fellow ARDA members for the emails and phone calls following news of my fractured kneecap.

Less than one week into my holiday overseas and I ended up in hospital and then had to return home to seek medical and follow up treatment.

Your concern is very much appreciated..

Thank you, Sandy Symons, Victoria.



My sincere thanks to the Management Committee and ARDA members for the best wishes following the surgery on my spine in September 2019.

After enduring severe pain and at times, struggling to walk, successful surgery was performed on my lower back and following months of recovery I am thrilled to be back on the dance floor.

I bless the day the medical team led by Prof. Tiew Han, Consultant Neurosurgeon gave me a new lease of life.

The card and wishes were very much Appreciated. Carol Simondson, Vic.

Yes, you have ATTACHMENTS

Thank you to the States who shared their upcoming events.



**NOW, DO YOU
FEEL BETTER?**

A small man had the window seat on a plane when a huge, mean-looking hulk plopped down beside him. After they were airborne, the little guy got airsick but was afraid to wake the now sleeping giant beside him and there was no way he could climb over him to get to the bathroom. When the plane hit an air pocket, the little guy erupted, hurling vomit all over the big guy's chest. The big guy sniffed a few times, woke up, looked down and saw vomit everywhere.

The little guy beside him said, 'so, *now do you feel better?*'

From 'Regional Skies' magazine Aug/Sept 2019 (www.flycorporate.com.au)

QRDA

Rounds By The Sea
Friday 22nd - Sunday 24 MAY,
2020
Kingscliffe Community Hall, Tweed Coast



REGISTRATION FORM attached

July 18 **CHRISTMAS in JULY & MEETING**
Dancing from 2-5 pm Subway dinner & meeting
Logan CSD Hall, Crestmead

August 13 **ALLEMANDERS CLUB BIRTHDAY**
Calamvale

October 10 **QRDA BALL**
Dancing from 7.30 pm - 'Glitz and Glamour'
Logan CSD Hall, Crestmead

November 28 **QRDA CHRISTMAS MATINEE**
Dancing from 2-5 pm Subway dinner & meeting
Logan CSD Hall, Crestmead

QRDA has redesigned its website thanks to the hard work of the QRDA treasurer and her web designer. It now adapts to whatever platform it appears on - mobile phone/tablet/computer. 'How cool is that?'



**REGISTRATIONS ARE
OPEN
Just do it!**

SARDA

17th South AUSTRALIAN ROUND DANCE FESTIVAL

3 & 4 OCTOBER 2020
Blackwood, SA

REGISTRATION FORM for CUERS
REGISTRATION FORM for attendees
Flyer to promote this special event
ATTACHED to YOUR NEWSLETTER
**** note the closing date**



BUY AUSTRALIAN BY AUSTRALIANS



How YOU can help? ... TELL me so I can share... LOOK FOR

FARMERS CO. Aussie Grown and Shared AUSTRALIAN Bush Foods Breakfast
Discover the flavours of Australia. Made from 93% Australian products

BEGA Simply Nuts - Natural Peanut Butter Made from 100% Australian products

GRANTS of AUSTRALIA Est 1984. Natural Toothpaste From our family to yours, we're proud to provide you with great tasting, Australian made, healthy and effective oral care products.



Now is a good time to put on your cap - your *thinking cap* to find a suitable **SHOWCASE**
And
EXPERIMENTAL
Nomination for presentation at the 62nd
ANSDC, Darwin

THREE (3) Nominations are required
Are required to be sent via your ARDA State Rep
Its' never too soon to start looking.....



ACCOMMODATION In the BLUE MOUNTAINS

A Victorian lady has asked me to
ADVERTISE
Available accommodation in a shared
house.

If this would help you please contact
me Carol
arda.secretary@gmail.com
0400 354 445

GET WELL - I heard over the weekend that
ARDA Life Member, ELLA WHYTE has an
injury that will prevent her dancing for some
time. Sincere wishes for a speedy return to
the dance floor are wished for Ella, from all
ARDA Management Committee & members

Editor's Note ~~

all articles and photos in this Newsletter have been printed as a matter of courtesy and
interest for all. Refer to the 'Disclaimer' on the front page.

In order to **reprint** articles from this Newsletter, and as a matter of courtesy,
permission should be sought from the **Editor**.

If permission is obtained the appropriate recognition should be given to the
author/source of that information.



ARDA members' input.

AUSTRALIA and AUSTRALIANS have certainly had to cope with extremely harsh, unrelenting weather conditions and as a result, emotional times over the past months - possibly even longer.

A member of ARDA was moved to the extent of wanting to help and ARDA was pleased to support the initiative of the concerned member in a minor way.

With Thanks

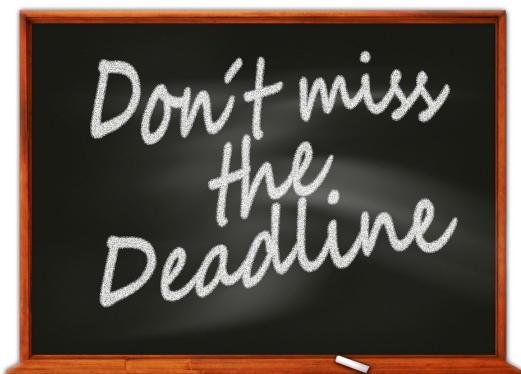
A special thank you to ARDA members for your contribution towards helping member Helen Hodalj and her family after the difficulties they were (and still are) experiencing from the bushfire emergency.

After reading they were without power for 9 days at one point and had no indication when the power would be restored, so were relying on a generator for power which ultimately meant spending more than usual on fuel and I am sure other necessities, I felt that surely we fellow ARDA members could do something to help. With the able assistance of our wonderful Secretary Carol Simondson, the call was put out and members rallied to the cause with the result of a cheque being forwarded to Helen.

It's great to know that fellow dancers shared the same concern. Once again, my sincere thanks for your help.

Sincerely,
A concerned ARDA member

Editor's Note: This was not an ARDA project however in a minor way ARDA was able to support the generosity of this member without disclosure of any member details as per the email.



DEADLINE for
Articles of interest, your stories,
Club activities, State events, etc.

FRIDAY 24 APRIL 2020

Please help?



VIEWING CIRCLE

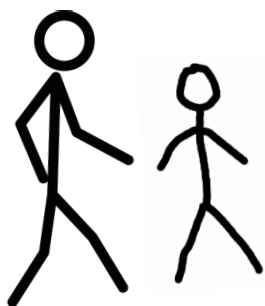
*For all dancers attending the ARDA Conference; the Experimental teaches at the ANSDC, and for that matter, any teaching session where the presenter/club teacher asks you to form a **'VIEWING CIRCLE'**.
Never heard of this phrase?*

It isn't difficult and neither is it 'rocket science'.

All that is asked that dancers clear the centre of the teach floor; dancers form a circle, with the taller of the dancing partnership standing behind the shorter person.

We ask that you be aware of folk who may take the opportunity to sit while the demonstration is taking place. Just take a peek over your shoulder and make sure you are not preventing your fellow dancer/s from having the same view you do.

*Please be considerate of the solo dancer during this exercise. We know you will - this is for those who have not experienced a **VIEWING CIRCLE**.*



Reports, reports, reports ... Grrrr!

YES, it is that time of the year when reports are required for presentation to the ARDA membership.

If you are responsible for the preparation of a report
THANK YOU

If you are responsible for the preparation of a report
PLEASE SUBMIT YOUR REPORT NO LATER THAN **25 MARCH**

Time is required to have reports printed and ready for the Membership to view at the Annual General Meeting ... And the ARDA Secretary will be 'hitting the frog and toad' late March

Please send ALL reports to the ARDA Secretary either via
Surface Mail (which is now definitely referred to as 'snail mail')
OR

Email to : arda.secretary@gmail.com

THANK YOU



P R I V A C Y

ALL PERSONAL INFORMATION given to ARDA ie. address, phone/mobile numbers, email addresses, years of membership, etc. is treated with the utmost respect and is not shared with any person or organisation.



Australian Round Dance Association

PRESIDENT Bev McLachlan, P O Box 248, BUDERIM QLD 4556.

Ph: (07) 5445.1238 Mobile 0427.135.442 Email: arda.president@gmail.com

SECRETARY Carol Simondson, P O Box 259, Drysdale, VIC 3222

Ph: 0400 354 445 Email: arda.secretary@gmail.com

TREASURER Les Tulloch, 38 Morgan Rd IRONBARK S.A. 5153

Ph: (08) 8388.2502 Mobile 0427.496.295 Email: arda.treasurer@gmail.com

'ARDA stands committed to the ongoing education and support of its members, all round dancers and the future of round dancing.'

NOMINATION FORM 2020 EXECUTIVE MANAGEMENT POSITION PRESIDENT TREASURER

The positions of PRESIDENT & TREASURER become vacant as at the Annual General Meeting to be held at the 61st Australian National Square Dance Convention – Katoomba, NSW. Both positions are for a **two year** term ie. 2020-2022.

Please complete the details requested and indicate the position/s you wish to nominate for

NOMINEE | [please print name]

Wish to nominate for the position of
Please indicate the POSITION you are nominating for.

Signature of Nominee Date / /

SECONDER | [please print name]

Second the above nomination of **PRESIDENT** **TREASURER** [please circle/tick]

Signature of Seconder Date / /

In the event multiple nominations are received, a ballot will be held to determine the successful candidate.

PRESIDENT: Chair of meetings; represents ARDA to the outside world; strives to improve the organization's policy, activities and administration; ensures the correct functioning of all office bearers and any sub committees.

TREASURER: Maintains ARDA's books of account; pays accounts; banks monies received; gives periodical reports.

For a more detailed Role of President and / or Role of Treasurer please contact the ARDA Secretary.

*Please return the completed Nomination Form to the
ARDA Secretary, P O Box 259, Drysdale 3222 or
arda.secretary@gmail.com*

NO LATER THAN 15 MARCH 2020

ARDA CONFERENCE 2020 + TWO DANCE PARTIES



The AUSTRALIAN ROUND DANCE ASSOC.
will once again conduct an

EDUCATIONAL CONFERENCE for ALL

Teachers, Cuers, Callers, Dancers

There will be a WIDE variety of topics, teaches, group discussions
and much more

WHEN

MONDAY 6 APRIL - 9.00 - 4.45 PM

**** DANCE PARTY 7 - 9 pm**

TUESDAY 7 APRIL - 9.00 - 4.45 PM

Morning/Afternoon Tea and Lunch provided on Monday & Tuesday

**** DANCE PARTY 7 - 9 pm**

WEDNESDAY 8 APRIL - 9.00 - 12.00

The afternoon 'mystery/wind down' event is at the expense of participants

For further information or more registration forms please contact the

ARDA Secretary,

0400 354 445 or arda.secretary@gmail.com

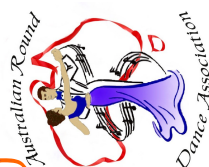
www.rounddancing.org.au

LIKE OUR GROUP ON FB



'ARDA stands committed to the ongoing education and support of its members,
all round dancers and the future of round dancing.'

ARDA CONFERENCE 2020 + TWO DANCE PARTIES



REGISTRATION FORM



NAME/s PLEASE PRINT

ADDRESS

STATE & POSTCODE

EMAIL

I/WE, wish to register to attend the ARDA Conference 2020 and
advise payment has been made direct to ARDA via EFT [as under]
or by the attached cheque. :

Commonwealth Bank Australia BSB 063 209
Account No. 00900599

EFT transaction date / / Receipt No.....
Cheque attached YES/NO

No. Attending ____ Amount transferred/attached \$

Do you have any dietary requirements?

Are you interested in cueing at the DANCE PARTIES YES NO

NON ARDA MEMBER \$95.00 pp
ARDA MEMBER \$65.00 pp

**** Registration fee includes a non refundable \$10.00 handling fee.
Information provided to ARDA will be kept secure.